



A more digestible Guide to Jobs to do on the
Allotment in May

Composited off the Internet
By Gareth Richards

Fruit & Vegetable Growing Guide for May

“A warm January; a cold May.” Welsh Proverb

“ Ne’er cast a clout till May be out“ English Proverb

Generally May is one of the busiest months on the vegetable plot. The soil is warm and the plants growing well. But watch out for a sneaky late frost. Keep an eye on the weather forecast and be prepared for frantic last minute wrapping of fleece to protect tender plants.

If you do not have any horticultural fleece you can use old net curtains, bubble wrap and the traditional newspaper as a method of insulation when a cold night is forecast.

Sowing & Planting in May on the Vegetable Plot Cultivation

There are two main cultivation jobs you need to keep on top of in May. First, the weeds are growing. Hoeing off weeds as small seedlings will make the job far easier than waiting for them to grow and send their roots down. Hoeing is best done on a dry day so that the weeds do not have a chance to recover. Don’t forget to sharpen your hoe before you start and frequently as you use it.

The other cultivation job outdoors is to thin out. We sow our carrots and parsnips and it seems a shame to remove seedlings we were so happy to see appear but it needs to be done because we need to give each one space to develop rather than end up with a mass of tiny carrots.

The same applies to most crops that are direct sown with small seeds, like turnips, beetroot etc.

Sowing

There is a lot to sow this month and with many crops you can sow one set and then a few weeks later re-sow to give you a succession of fresh vegetables at the peak of perfection. If it is a dry May, it is a good idea to soak your seed drill before sowing and then just water with a fine rose after sowing and covering with a fine layer of soil.

French Beans

Runner Beans

Beetroot

Broccoli and Calabrese

Cabbage and Cauliflowers

Chicory

Kale

Kohl rabi

Peas

Turnips and Swedes

Your salad crops should be sown in succession

Lettuce and Leaves such as Rocket

Radishes

Spring Onions

Sowing under cover

Sweetcorn

Courgette

Marrow

Pumpkin

Squash

These really don't like starting in the cold and you only grow a relatively few plants so starting off in pots is well worth the investment.

Sweetcorn does not like its roots being disturbed so some people pack old toilet roll inners with compost and sow in there, planting out the whole roll when ready. Because you are in a cardboard pot, they can dry out very easily and you need to ensure they are planted with the whole roll below ground level or the collar will encourage drying out and restrict growth. It is easier to use something like root trainers although an ordinary three inch pot will suffice if care is taken at planting time.

Planting Out

If your plants are large enough, you can plant out now:

Brussels sprouts

Summer cabbages

Celery

Celeriac

Leeks.

With leeks a good rule of thumb is to get the seedling about as thick as a pencil. Dib a hole about six inches deep using something like an old spade handle and drop the seedling in. Water well and allow the soil to fall back in naturally.

The old method of trimming the roots and top before transplanting leeks is not actually a good thing and has been shown to be detrimental. It's a big enough shock to the plant being taken out of its seedbed!

In the greenhouse

The following are ready for their final home, that may be the border, a growbag or a large pot.

Aubergine

Peppers (Chilli and Sweet)

Cucumber

Tomatoes

Fruit

It's mainly a matter of ensuring that you get the crops rather than the birds. A fruit cage is a big investment but very effective, otherwise netting to keep the birds away.

Strawberries planted this year will perform better in subsequent years if you remove the flowers so they don't set fruit in the first year but concentrate instead on building their strength for next.

General Tasks

Keep hoeing off the weeds but perennial weeds like dandelion and dock will need their roots removing to prevent re-growth. Bindweed can be a nightmare to stop, any small piece of root will grow. It's by far the easiest to use a spray of glyphosate based weedkiller, which will go to the roots and kill the plant. However, there are some large question marks now over glyphosate

Another weed that re-appears at this time is Horsetail (*Equisetum Arvense*). You will need repeated applications of a translocating weedkiller for this which will keep the plot out of action for a while as it does its work. Organic growers will just need to keep hoeing and removing roots. This will eventually defeat the weed but it's a long, hard job.

On the subject of weedkillers, if you have used a product such as 'Weed and Feed' on your lawn, the mowings may well be toxic to your crops. Check the manufacturer's instructions carefully prior to composting

Gardener's Pests

Don't forget the slugs are about, if you find an entire row of seedlings have vanished overnight you can bet it was slugs.

With your carrots, covering with a fleece and ensuring the edges are buried will stop the carrot root fly from gaining entry to lay eggs by your carrots. The eggs hatch in larvae that burrow into the carrot root, killing the plant or at least spoiling the crop.

Harvest

Depending where you are and what you planted, you may have some salad crops ready. Hardy lettuce and spring onions, fast growing radish may well be available.

If you tried potatoes undercover, you may well be getting the odd meal from these.

Winter cauliflowers, spring cabbage, sprouting broccoli and kale should be ready now.

The luxury crop asparagus may be starting for you as well this month. Unbeatable!

Growing in a Polytunnel in May

What to sow, plant and harvest from your polytunnel in May

May is the most exciting month in your tunnel or greenhouse. This is the time to plant out your summer crops – your tomatoes, peppers, aubergines, cucumbers and basil.

Take good care of them and give them a fabulous soil and they will reward you with a bounty of delicious sun-ripened fruit. Once the busy spell of planting is over you can start to relax again.

Planting into beds

You will appreciate now all the hard work of preparing the beds in the previous months. There is no shortcut: only a well-prepared and well-fertilised bed can sustain the demands of the heavy yielding summer crops.

All the summer crops can be planted now:

Aubergines

Basil

Courgette

Cucumbers

Melons (only in warm districts)

Peppers and chillies

Tomatoes

You can also plant out into the tunnel or greenhouse the seedlings you sowed last month on your heating bench:

French Beans

Celery

Lettuce

Scallions

Dill

Coriander

Chervil

Sowing into modules/pots (18-20 degrees C)

In May you can sow the following vegetables into modular trays or pots and place them in your propagator or warm, south facing windowsill in the house.

Basil (Sweet Genovese) – 4 seeds per cell

Celery (Victoria F1) – broadcast in a tray for pricking out later

Courgette (Defender F1) – 1 seeds per 7cm pot

Cucumber (Passandra F1 and Styx F1) – 1 seed per 7cm pot

Coriander, Dill and Chervil – 5 seeds per cell each

French beans (climbing and dwarf) – 5 seeds per 9 cm pot

Florence fennel (Rondo F1) – 1 seed per cell

Lettuce (various types) – 1 to 3 seeds per cell

Melon (Emir F1) – 1 seed per 7cm pot

Sweetcorn – 1 seed per small pot

General greenhouse/polytunnel maintenance

Water more frequently and more heavily now.

Ventilate as much as possible.

Dig out potatoes and early cabbages to make room for summer crops.

Keep a watch out for pests, especially slugs and snails on newly planted salads, aphids on a variety of crops and fleabeetles on brassica salads.

Spray aphid susceptible plants with a garlic spray every seven to ten days.

Prick out and pot on plants as necessary.

Harden off your summer crops that are nearly ready for planting (tomatoes, peppers, aubergines, cucumber, melons, peppers) by taking them off the propagator.

If you haven't fed the beds for the summer crops, do so now.

How to Contact the Editor

If you have comments or you know I have given wrong advice then please contact me by email at

info@yeovil-allotments-association.co.uk

If you have something to contribute or have a say on allotment life, then please use my email to send your contributions.

I am going to process the magazine issue once a month, so if there are comments you would like to make they can be answered in future editions.

I would like to add that most of the articles are taken off the web and some well known gardening and allotments magazines have been read in the making of our magazine content.

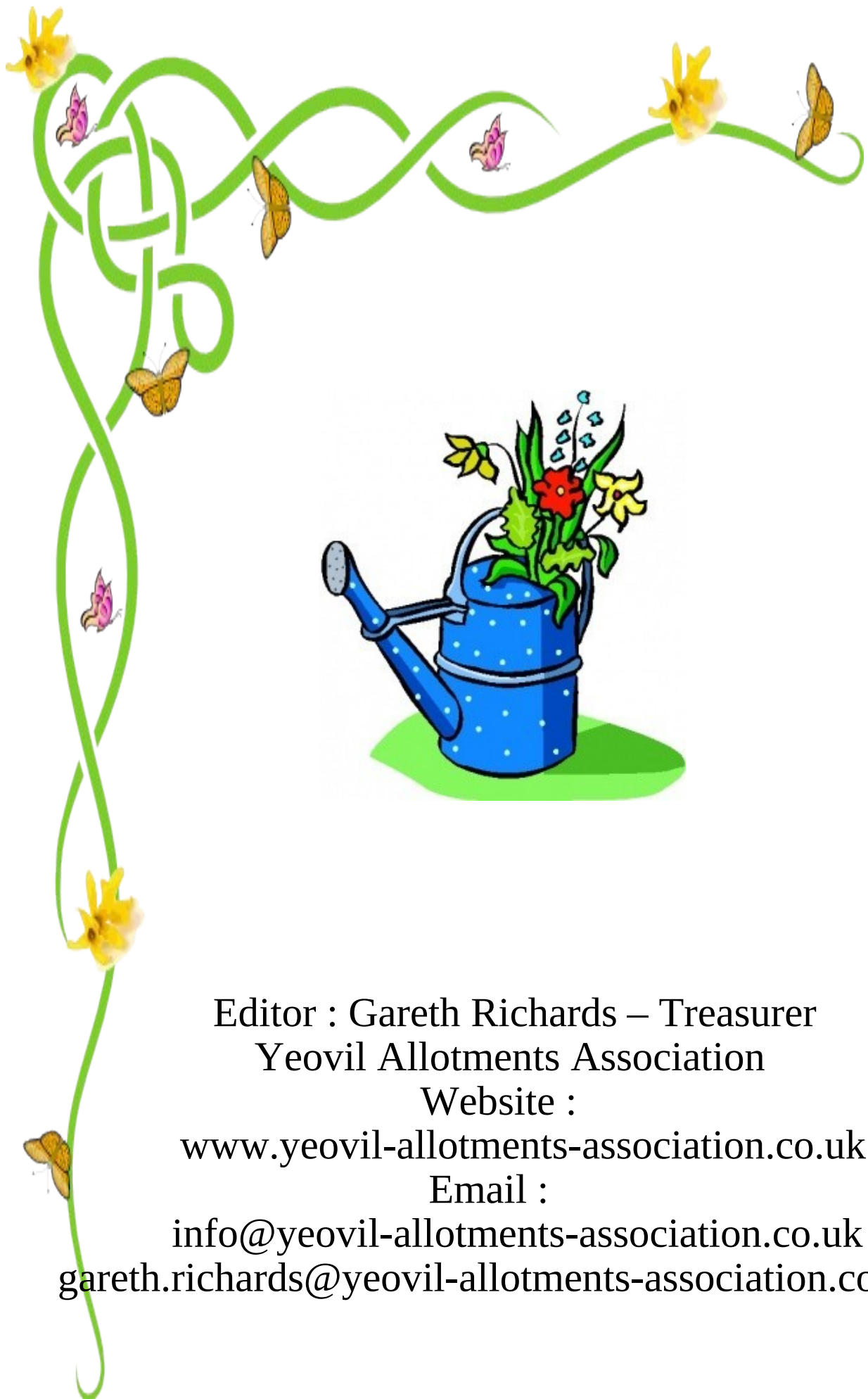
We also have our own website at :

www.yeovil-allotments-association.co.uk

where you can find this magazine as well as a catalogue

Happy Allotmenting and best wishes,

Gareth Richards
Treasurer
Eliz Flats, Plot 14



Editor : Gareth Richards – Treasurer
Yeovil Allotments Association

Website :

www.yeovil-allotments-association.co.uk

Email :

info@yeovil-allotments-association.co.uk

gareth.richards@yeovil-allotments-association.co.uk